

We suggest for this week to study the OBJECTIONS of the Mind with the purpose of discovering and understanding their origin, the "Is" that cause them and the "I's" they are related with, etc. As we study them we will be able to eliminate them.



UNDERSTANDING OBJECTIONS

Everybody has the right to give their opinions; everyone is free to say wherever he wants. We have to speak with respect. Did the person finish his talk? We go away... Of course, some do not do so. Some will say "I do not go out; I have to give him a lection." There we have the stupid, intellectualoid pride. If we do not eliminate from ourselves the "I" of proudness, it is obvious that we will not attain the final liberation.

It is better that everyone could say what they want to say and not to put objections, because everyone is free to say what he wants. But one lives putting objections: it put them to the interlocutor and to oneself also. Of course, this does not mean that the agree and disagree do not exist; it is obvious that exists. Let us suppose that any one of us has to clean up a pigsty -I think that that could not be a very agreeable work-.

We would have the right to feel that that work is not very pleasant, but something very different is to put objections, to begin protesting: "What a dirtiness my God; I never believed that one day I could fall that low in life! Woe is me, how unfortunate I am, etc., etc., etc., cleaning this pigsty!" Well, with that the only thing that one gets is to fortify completely the "I's" of anger, self-esteem, pride, etc.

There is also the case of a person that we do not like at the beginning: "But it happens that that person displeases me...!" But one thing is that he displeases us in the beginning and another is to start putting objections, protesting against that person: "But it happens that I do not like that person, that person is a problem." With the objections the only thing that we get is to multiply the antipathy, to strengthen the "I" of hatred, the "I" of violence, of pride, etc.

What could one do in the case that one does not like a person? We have to know ourselves, in order to see why we do not like that person. It can happen that that person shows some of the defects that we have. One has the "I" of the self-esteem, and when somebody shows some of those inner defects, obviously we do not like that person. So, instead of been putting objections on that person - protesting, fighting-, better would be to self-explore ourselves in order to know what is the psychic element that we carry inside that originates that antipathy.

We think that if we discover that element and dissolve it, the antipathy finishes. But if we instead of investigate ourselves put objections, protest, "thunder" and "lighting" against that person, we strengthen the Ego, the "I"; that is indubitable.

There is no doubt that we are always putting objections in the world of the intellect. This produce an intellectual division: the mind is divided among thesis and antithesis, is transformed in a place of fights that destroys the brain.

Observe how those that call themselves "intellectuals," are full of estrange manias -some of them use the hair disorderly, scrape the body frightfully, etc. and do fifty thousand funny things-; of course, that is the product of a mind more or less deteriorated, destroyed by the fight of the antithesis.

If to any concept we put an objection, our mid ends up fighting alone. As a consequence of it, it come the illnesses to the brain, the psychological abnormalities, the depressive states of the mind, the nervousness, that destroys very delicate organs, as the liver, heart, pancreas, spleen, etc.

But if we learn not to put objections -that everyone can thinks what it wants, that everyone can say what it wants- those fights within the intellect will end up and in its replacement will come a true peace.

The minds of the poor people is quarrelling at any time: they dispute among themselves and that lead through a very dangerous way, the way of the brain illnesses, of the organs illnesses, destruction of the mind - many cells are burned uselessly-. It is necessary to live in holy peace, not putting objections; everyone can say what they want. We do not have to put objections; we have to walk as it has to be: consciously.

So, we have to learn how to live.

Samael Aun Weor. Excerpt from the lecture: The Law of the Pendulum

It is possible to study in a better way the psychological situations commented in this practice through the meditation, if you do not know how to meditate, you can take the free course of Meditation with 3-lessons. <http://www.samaelgnosis.us/courses/index.htm>

Instituto Cultural Quetzalcóatl de Antropología Psicoanalítica, A.C.

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