

IN EN ON UN AN

The seven vowels of Nature: I E O U A M S, resounded long ago in the human organism. When man came out of the “Jinn” Lands, Rhythm and Harmony were lost.

Man should perceive the urgent need for the Seven Vowels of Nature to vibrate once again in his organism, to resound with intensity in the interior boxes of resonance, as well as in each of the Plexus of Chakras of the Astral Body.

Clairvoyance is developed with the Vowel I. Clairaudience is awakened with the Vowel E.

The Heart Center, which develops Inspiration, with the Vowel O.

The Pulmonary Chakras, which enable us to remember past reincarnations, are awakened with the Vowel A.

The Vowels M and S cause all internal centers to vibrate.

We will teach our students some series of these Mantras:

IN Clairvoyance: Frontal Chakra

EN Clairaudience: Larynx Chakra

ON Intuition: Heart Chakra

UN Telepathy: Solar Plexus

AN Memory of past lives: Pulmonary Chakras

VOCALIZATION

The sound of each vowel is prolonged, and with the N we give it a sonorous and loud, ringing intonation.

** Samael Aun Weor. Logos Mantra T.*

Listen to the Mantras: [En](#) - [On](#) - [Un](#) - [An](#)

Notes:

**The M and S are considered esoterically also as vowels.

**We suggest you to relax the body and mind first and, with the eyes closed, to vocalize verbally or mentally the referred mantras.

**You can start with few minutes a day. Those who have more discipline could last vocalizing the time they want to.

**The mantras “In En On Un An” are in our “Mantras Section” in MP3 format, [click here](#).

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<http://samaelgnosis.us> and <http://samaelgnosis.net>

